

## Tappahannock Elementary School May 2017 Lunch Menu

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Hot Dog on a Roll 1 French Fries Glazed Carrots Fresh Fruit Fruit Juice  *Yogurt & String Cheese Lunchable	Beefy Nachos 2 Cheese, Lettuce & Tomato Black Bean Salad Carrot Sticks Fresh Fruit Assorted Canned Fruit  *Ham & Cheese Wrap	Diced Chicken w/Gravy 3 Biscuit Mashed Potatoes Seasoned Mixed Vegetables Fresh Fruit Assorted Canned Fruit  *Yogurt & String Cheese Lunchable	Hot Ham & Cheese Sandwich 4 Collard Greens Carrot Sticks Fresh Fruit Fruit Juice  *Turkey & Cheese Lunchable	Cheese Pizza 5 Tossed Salad & Dressing Seasoned Corn Carrot Sticks Fresh Fruit Assorted Canned Fruit  *Wow Butter Lunchable
Chicken Patty on a Roll 8 Sweet Potato Fries Baked Beans Fresh Fruit Sidekick Fruit Slushie  *Yogurt & String Cheese Lunchable	French Bread Pizza 9 Seasoned Green Beans Tossed Salad w/Dressing Fresh Fruit Assorted Canned Fruit  *Ham & Cheese Hoagie	<b>"Breakfast for Lunch"</b> 10 French Toast Sticks Sausage Patty Potato Wedges Carrot Sticks Fresh Fruit Fruit Juice  *Yogurt & String Cheese Lunchable	Pork Rib Patty on a Roll 11 Seasoned Corn Coleslaw Fresh Fruit Assorted Canned Fruit  *Turkey & Cheese Lunchable	Breadsticks w/Marinara 12 Steamed Broccoli Fresh Cauliflower & Celery Carrot Sticks Fresh Fruit Assorted Canned Fruit  *Wow Butter Lunchable
Cheeseburger on a Roll 15 French Fries Tossed Salad & Dressing Fresh Fruit Fruit Juice  *Yogurt & String Cheese Lunchable	Chicken Taco 16 Cheese, Lettuce & Tomato Black Bean Salad Carrot Sticks Fresh Fruit Assorted Canned Fruit  *Ham & Cheese Wrap	Macaroni & Cheese 17 Soft Pretzel Steamed Broccoli Carrot Sticks Fresh Fruit Assorted Canned Fruit  *Yogurt & String Cheese Lunchable	Chicken Tenders 18 Seasoned Corn Carrot Sticks Fresh Fruit Fruit Juice  *Turkey & Cheese Lunchable	Pepperoni Pizza 19 Seasoned Mixed Vegetables Fresh Broccoli w/Dip Fresh Fruit Assorted Canned Fruit  *Wow Butter Lunchable
Corn Dog Nuggets 22 Potato Puffs Baked Beans Fresh Fruit Sidekick Fruit Slushie  *Yogurt & String Cheese Lunchable	Chicken Teriyaki 23 Seasoned Rice Seasoned Green Beans Carrot Sticks Fresh Fruit Assorted Canned Fruit  *Ham & Cheese Hoagie	Baked Chicken 24 Roll Mashed Potatoes w/Gravy Buttered Beets Fresh Fruit Assorted Canned Fruit  *Yogurt & String Cheese Lunchable	BBQ Chicken on a Roll 25 Collard Greens Carrot Stick Fresh Fruit Fruit Juice  *Turkey & Cheese Lunchable	Breadsticks w/Marinara 26 California Blend Tossed Salad w/Dressing Fresh Fruit Assorted Canned Fruit  *Wow Butter Lunchable
No School 29	Hamburger on a Roll 30 Sweet Potato Fries Seasoned Green Beans Assorted Canned Fruit Fresh Fruit  *Yogurt & String Cheese Lunchable	<b>"Breakfast for Lunch"</b> 31 Dutch Waffle Sausage Patty Potato Wedges Glazed Carrots Fresh Fruit Fruit Juice  *Turkey & Cheese Wrap	Popcorn Chicken 1 w/ Dinner Roll Mashed Potatoes Carrot Sticks Fresh Fruit Assorted Canned Fruit  *Turkey & Cheese Lunchable	Stuffed Crust Pizza 2 Seasoned Corn Broccoli w/Dip Fresh Fruit Assorted Canned Fruit  *Wow Butter Lunchable

\*Alternate Choice

All lunches include 1/2 pint of FF Chocolate, FF Strawberry, or 1% White Milk

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