


Tappahannock Elementary Breakfast Menu SEPTEMBER 2018

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3 	4 Muffin w/Yogurt Fresh Fruit or Fruit Cup Fruit Juice Milk	5 Cereal & Graham Crackers Fresh Fruit or Fruit Cup Fruit Juice Milk	6 Mini French Toast Fresh Fruit or Fruit Cup Fruit Juice Milk	7 Sausage Biscuit Sliders Fresh Fruit or Fruit Cup Fruit Juice Milk
10 Jelly Croissants Fresh Fruit or Fruit Cup Fruit Juice Milk	11 Cinnamon Roll Fresh Fruit or Fruit Cup Fruit Juice Milk	12 Cereal & String Cheese Fresh Fruit or Fruit Cup Fruit Juice Milk	13 Mini Waffles Fresh Fruit or Fruit Cup Fruit Juice Milk	14 (Turkey)Sausage Pancake Wrap Fresh Fruit or Fruit Cup Fruit Juice Milk
17 Apple Frudel Fresh Fruit or Fruit Cup Fruit Juice Milk	18 Muffin w/Yogurt Fresh Fruit or Fruit Cup Fruit Juice Milk	19 Cereal & Graham Crackers Fresh Fruit or Fruit Cup Fruit Juice Milk	20 Mini French Toast Fresh Fruit or Fruit Cup Fruit Juice Milk	21 Egg & Cheese Biscuit Fresh Fruit or Fruit Cup Fruit Juice Milk
24 Bagel w/Cream Cheese Fresh Fruit or Fruit Cup Fruit Juice Milk	25 Cinnamon Roll Fresh Fruit or Fruit Cup Fruit Juice Milk	26 Cereal & String Cheese Fresh Fruit or Fruit Cup Fruit Juice Milk	27 Mini Waffles Fresh Fruit or Fruit Cup Fruit Juice Milk	28 (Turkey) Sausage Pancake Wrap Fresh Fruit or Fruit Cup Fruit Juice Milk

This institution is an equal opportunity provider.

*Menu subject to change due to availability