

# ESSEX HIGH SCHOOL SUMMER LUNCH MENU

**Menu subject to change due to availability. Free community Lunch (UNDER 18) served from 12:15-12:30pm.**

## June Lunch Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>
Ham & Cheese Sub 19 w/lettuce & tomato Broccoli & Baby Carrots Assorted Fruit & Milk	Taco Salad 20 w/cheese, lettuce & tomato Corn & Baby Carrots Assorted Fruit & Milk	Pizza 21 Cole Slaw & Baby Carrots Assorted Fruit & Milk	Chicken Patty on a Bun 22 Baked Beans & Baby Carrots Assorted Fruit & Milk
Unrustable 26 w/cheese stick & Chez Its Pickle & Baby Carrots Assorted Fruit & Milk	Popcorn Chicken & a Roll 27 Peas and Baby Carrots Assorted Fruit & Milk	Cheeseburger on a Bun 28 Baked Beans & Baby Carrots Assorted Fruit & Milk	Cheesy Breadstick w/Marinara 29 Broccoli & Baby Carrots Assorted Fruit & Milk

## July Lunch Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>
Closed 3	Closed 4  <b><u>4th of July Holiday</u></b>	Grilled Cheese & Yogurt 5 Pickle & Baby Carrots Assorted Fruit & Milk	Pizza 6 Peas Assorted Fruit & Milk
Cheeseburger on a Bun 10 Baked Beans Assorted Fruit & Milk	Corn Dog Nuggets 11 Broccoli Assorted Fruit & Milk	Deli Wrap 12 Pickle & Baby Carrots Assorted Fruit & Milk	Pizza 13 Tator Tots Assorted Fruit & Milk
Hot Dog on a Bun 17 Sweet Potato Fries Assorted Fruit & Milk	Chicken Nuggets & a Roll 18 Corn Assorted Fruit & Milk	Grilled Cheese & Yogurt 19 Collard Greens Assorted Fruit & Milk	Pizza 20 Green Beans Assorted Fruit & Milk
Cheeseburger on a Bun 24 Baked Beans Assorted Fruit & Milk	Corn Dog on a Stick 25 French Fries Assorted Fruit & Milk	Turkey & Cheese Sub 26 Glazed Carrots Assorted Fruit & Milk	Pizza 27 Peas Assorted Fruit & Milk
Rib-B-Que on a Bun 31 Sweet Potato Fries Assorted Fruit & Milk			27

## August Lunch Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>
	Popcorn Chicken & a Roll 1 Broccoli Assorted Fruit & Milk	Ham and Cheese Sandwich 2 Peas Assorted Fruit & Milk	Pizza 3 Tator Tots Assorted Fruit & Milk
Bologna & Cheese Sandwich 7 Baked Beans Assorted Fruit & Milk	Hamburger on a Bun 8 Glazed Carrots Assorted Fruit & Milk	Grilled Cheese & Yogurt 9 Corn Assorted Fruit & Milk	Soft Pretzel w/Cheese Stick 10 Green Beans Assorted Fruit & Milk

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