



# APRIL 2018

## Essex High Breakfast Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 	3	4	5	6 
<i>S P R I N G B R E A K</i>				
9 Breakfast Pizza Poptarts Cereal Bar w/String Cheese Smoothie w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk	10 French Toast Sticks Breakfast Cookie Cereal w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk	11 Sausage Pancake Wrap Cinnamon Roll Smoothie w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk	12 Bacon, Egg & Cheese Croissant Uncrustable Cereal w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk	13 Chicken Biscuit Apple Turnover Cereal Bar w/String Cheese Smoothie w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk
16 Breakfast Pizza Poptarts Cereal Bar w/String Cheese Smoothie w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk	17 French Toast Sticks Breakfast Cookie Cereal w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk	18 Sausage Pancake Wrap Cinnamon Roll Muffin w/Yogurt Smoothie w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk	19 Ham & Cheese Croissant Uncrustable Cereal w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk	20 Sausage Biscuit Sliders Bagel w/Cream Cheese Cereal Bar w/String Cheese Smoothie w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk
23 Breakfast Pizza Poptarts Cereal Bar w/String Cheese Smoothie w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk	24 French Toast Sticks Breakfast Cookie Cereal w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk	25 Sausage Pancake Wrap Cinnamon Roll Muffin w/Yogurt Smoothie w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk	26 Bacon, Egg & Cheese Croissant Uncrustable Cereal w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk	27 Chicken Biscuit Apple Turnover Cereal Bar w/String Cheese Smoothie w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk
30 Breakfast Pizza Poptarts Cereal Bar w/String Cheese Smoothie w/Grahams Fresh Fruit or Fruit Cup Fruit Juice and Milk	1	2	3	4

**ANY SPECIAL DIETARY NEEDS SUBSTITUTIONS, PLEASE SEE CAFETERIA MANAGER!**

This institution is an equal opportunity provider.

\*Menu subject to change due to availability